



Resting in Jesus

Mark 2:28

Jesus is sovereign over the Sabbath

Genesis 2:1-3; Exodus 20:8-11;
John 5:16-18; Hebrews 1:1-2

On the first Sabbath God rested

Genesis 2:2-3; 2 Peter 3:10-13

The Sabbath was given to Israel

Exodus 31:16-17; Ezekiel 20:12

Jesus has fulfilled the Sabbath

Matthew 5:17-19

Jesus came to be our Sabbath rest

Hebrews 4:9-11

Sunday became the Lord's Day -

Revelation 1:10

Why is Sunday called the Lord's Day?

1. It reminds us of the first day of creation

2. It is symbolic of a new beginning

2 Cor. 5:17

3. It commemorates Christ's resurrection

4. It celebrates the New Covenant

Hebrews 8:13; Colossians 2:16-17;
Galatians 4:10-11

5. The Jewish Festivals point us to Sunday

Leviticus 23:5, 10-11; 15-16;
1 Corinthians 5:7; 15:20;
Psalm 118:22-24; Acts 2:1-4

The early church met on Sunday

Acts 20:7;
1 Corinthians 16:1-2

Let's celebrate the Lord's Day

Matthew 11:28-29; 23:4;
Colossians 2:13-14