

*Victorious Christian Living***Teach us to Pray**

Matthew 6:5-15

**How to Revitalize Your Prayer Life**I. Approach prayer with the right attitude

- Be real verse 5
- Be relaxed verse 6
- Be revealing verses 7-8

II. Use the model Jesus gave us verses 9-13

## FIVE ASPECTS OF PRAYER

1. Praise

- for who He is – adoration verse 9
- for all He has done – thanksgiving  
Psalm 100:4; Exodus 34:6-7

2. Petition

- our priority in prayer - God's Kingdom  
verses 10, 33

- our provision through prayer - physical needs  
verse 11  
Philippians 4:6, 19; Romans 8:32;  
James 4:2-3

3. Pardon verse 12

## FIVE STEPS TO FORGIVENESS

- Ask the Holy Spirit to search my heart  
Psalm 139:23-24

- Confess my sins specifically  
Proverbs 28:13

- Make restitution to others  
Matthew 5:23-24

- Forgive those who have offended me  
verses 14-15

- By faith accept God's forgiveness  
1 John 1:9; Psalm 32:1

4. Protection verse 13  
James 1:13; 1 John 4:45. Power / Authority verse 13  
Ephesians 3:20-21