

Living Connections Bible Study

The Best Place



Prayer

Text: Luke 10:38-42

Icebreaker: Read Luke 10:38-42 and Acts 22:3. Discuss what it means to sit at Jesus' feet. Why is this so important to make this a priority in our daily lives?

1. What desire does our Lord have toward each one of His children?
Revelation 3:20; 1 Corinthians 1:9; Psalm 46:10; Psalm 4:3-4

2. What is it that hinders the natural man (those outside of Christ) from having a personal relationship, and fellowship with God? Genesis 3:8; Ephesians 2:1-3

3. What then did God do for us in Christ to make regular times of fellowship with Him possible? Romans 5:1, 8, 10-11

4. Read Matthew 6:6 and explain what it means to have a *prayer closet*.

5. What is God's promise in Matthew 6:6b for those who spend time alone with the Lord?

6. What difference did spending time with Jesus make in the lives of the apostles?
Acts 4:13

7. Whose example should we to follow from Matthew 14:23, Mark 1:35, Luke 22:39-40 (NKJV).

8. Look up the following references and identify some godly men who took time daily to pray and spend time alone with God. (This is not an exhaustive list)

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|---------------------------|-------|
| Genesis 8:20 | _____ |
| Genesis 12:7-8; 13:3-4,18 | _____ |
| Genesis 35:1-3 | _____ |
| Genesis 39:2-3 | _____ |
| Job 1:1-2, 5 | _____ |
| Exodus 33:11 | _____ |
| Joshua 1:8 | _____ |
| Judges 6:24 | _____ |
| Psalms 63:1 | _____ |
| Nehemiah 1:4 | _____ |
| Daniel 6:10 | _____ |
| Acts 10:9 | _____ |
| 2 Timothy 1:3 | _____ |

All of those whom God has blessed and used down through the centuries spent regular time in God's Word and in prayer with Him each day

9. How important did Jesus and Job regard God's Word? Matthew 4:4; Job 23:12

10. List four purposes for having a daily quiet time, using the words delight, devotion, direction and deportment.

1. To give _____ to God Revelations 4:11 & Psalm 29:2
2. To get _____ from God Psalm 25:4-5
3. To gain _____ in God Psalm 37:4
4. To grow in _____ to be like Jesus 2 Peter 3:18 & 2 Corinthians 3:18

11. What did Jesus teach Martha about being distracted by the cares of this life?
Luke 10:40-42

Think about it this Week:

Time alone with God should be the top priority on my daily schedule.

Honestly evaluate your use of time in the following areas:

- How many minutes a day do I spend reading the newspaper and periodicals? ____
- How many minutes / hours a day do I spend watching the TV? ____
- How many minutes a day do I spend surfing the Internet and doing emails? ____
- How many minutes a day do I spend playing computer games? ____
- How many hours a week do I spend with my favorite hobbies? ____
- How many minutes a day do I spend working out? ____
- How many minutes a day do I spend with family and friends? ____

If I can find time for less important things, can I make time to give God 15-30 minutes a day for a quiet time?

If I ate as much physical food as I do partaking of spiritual food how healthy would I be?

HOW TO BEGIN A QUIET TIME

1. select a specific time
 - select a time when you are most alert and then give it to God
2. choose a special place
 - where can you find a quiet place?
3. gather the resources you are going to need
 - Bible / notebook / various colors of pencils or pens / 3X5 cards for memory verses / songbook or hymnbook
4. begin with the right attitude
 - reverence
 - expectancy
 - willingness to obey
5. follow a simple plan
 - 1) Relax Be still. Be quiet. Slow down. Prepare your heart. Take two or three deep breaths and relax as you begin.
 - 2) Revere Take a minute to tell God how much you love Him, and how special He is to you. Worship and praise Him.
 - 3) Read Read a section of Scripture
 - begin in the New Testament
 - pick up where you left off the day before
 - don't read more than you have time to digest
 - 4) Reflect Prayerfully ponder what God is teaching you
 - 5) Record Record your observations in a daily journal.
 - 6) Request Conclude your quiet time by talking to God about what He has shown you. You might want to extend your prayer time as you drive to work, or during your morning walk, or daily exercise routine. Then practice God's presence all day long staying in communion with Him throughout the day.