

Living Connections Bible Study



Walking in Newness of Life, part 2

Prayer:

Ice Breaker: Are you a morning person or a night person? How does this affect your spouse and children? How do you get ready to face each new day?

Every morning when we get out of bed we have a choice to make; *Will I put on the old man and operate in my flesh, or will I put on the new man and live in the power of the Holy Spirit. Will I yield to my old nature to fulfill the desires of my flesh, or will I yield to the new nature of Christ in me to do what is pleasing to Him?*

When we by faith take off the filthy vile garment called the old man (*my old sinful self*), and put on the new man there ought to be some practical manifestations in our every day lives.

Read Text: Ephesians 4:25-32

✠ I must put off deceitfulness and put on honesty

1. What does God want to teach us about dishonesty from the following verses?

Ephesians 4: 25 _____

Colossians 3:9 _____

Zechariah 8:16-17 _____

Proverbs 6:16-19 _____

John 8:44 _____

✚ I must put off unbridled anger and put on reconciliation

2. Is anger always sinful? Give some examples of when it is right to be angry. Ephesians 4:26-27

3. What then is the caution against anger in Ephesians 4:26-27?

4. Paul quotes Psalm 4:4 in Ephesians 4:26 and applies it. Why is it important never to go to bed angry? Matthew 6:12

5. Is losing your temper in a fit anger ever right? James 1:20

† I must take off theft and put on generosity

6. How are Christians sometimes guilty of theft?

Ephesians 4:28

Titus 2:9-10

7. What motivation for a good work ethic do we find in 2 Thessalonians 3:10?

8. Now that we are Christians our lives should be characterized by generosity rather than theft. How does God expect us to use our resources toward those in need?

1 John 3:17-18;

1 Timothy 6:17-19

† I must take off profanity and put on wholesome edifying speech

9. How does God expect our language to change once we become Christians?

Ephesians 4:29

Exodus 20:7

Matthew 12:36

Ephesians 5:3-4

10. What conclusion did Isaiah come to regarding his speech when he was confronted with the holiness of God? Isaiah 6:1-7

11. How does God illustrate the vileness that comes from the mouths of those without Christ in Romans 3:13-14?

12. What care should we take in speaking to others according to Colossians 4:6?

13. What prayer can we pray with the Psalmist asking God to help us use wholesome and edifying speech that glorifies God? Psalm 141:3

14. What do we do to the Holy Spirit when we resist His hand of conviction to put on the new man, and continue walking and talking in the flesh? Ephesians 4:30; 1 Thessalonians 5:19

✠ I must take off vengeance and put on kindness and forgiveness

15. What do bitterness, wrath, anger, clamor (loud quarreling), evil speaking and malice have in common? Ephesians 4:30-31

16. How does God want us to respond to those who hurt and offend us? Ephesians 4:32; 5:1; Romans 12:17-21

Think About this week:

1 Corinthians 6:19-20

*Do you not know that your body is the temple of the Holy Spirit who is in you,
whom you have from God, and you are not your own?
For you were bought at a price;
therefore glorify God in your body and in your spirit, which are God's.*